





TOGETHER INTO THE FUTURE WITH VISIONS –

INTERDISCIPLINARY PRACTICAL CONCEPTS FOR OCCUPATIONAL- AND PHYSIOTHERAPY STUDIES

J.Semper-Jost, K.Schrader, St.Pietras, V. Semper

Introduction

How can we facilitate interdisciplinary work between physiotherapists and occupational therapists when they are still in training?

Objectives

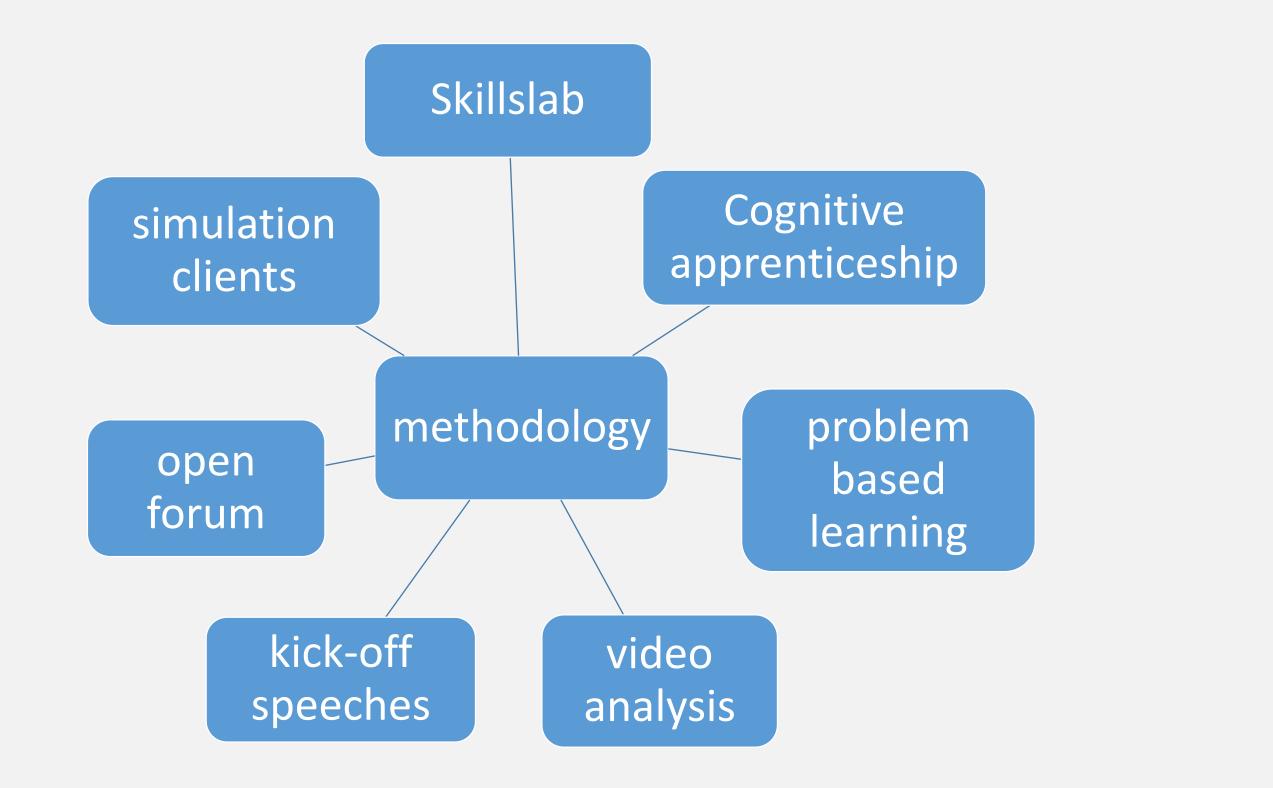
- To highlight similarities and differences in the professional lives of physiotherapists and occupational therapists
- To discuss professional and political parameters in health

The teaching staff at 'Spektrum Akademie' really wanted to know! So we initiated the project 'Private Practices Introduce Themselves' and supported it pedagogically. It was ran from 2014-2015.

- professions
- To enhance evidence-based and interdisciplinary working
- To facilitate empathetic and appreciative behaviour while working together and with clients
- To promote Clinical Reasoning and reflection skills

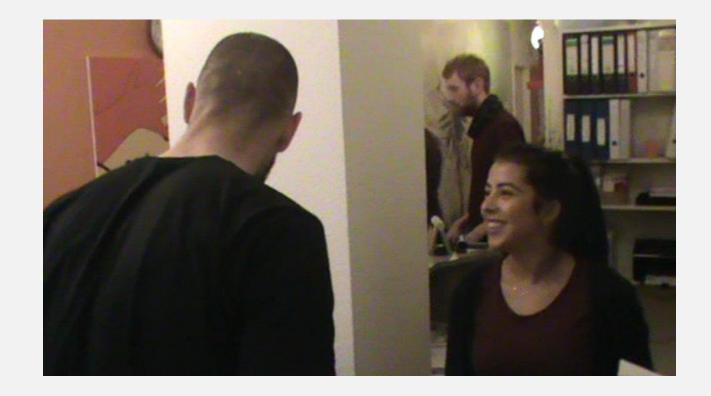
Methods

During the project we used several methods to achieve the objectives



Parameter	
Students of the	14 students of physiotherapy (6 male, 8 female)
5 th semester	10 students of occupational therapy (1 male, 9 female)
	Aged between 20-36 years
Teachers	5 physiotherapy teachers
	3 occupational therapy teachers
	1 radiology teacher
	1 doctor
units	100 in total
	23 kick-off speeches

28 skills labs30 supervisions by a tutor20 self-organized learning sessions





Implementation

At the beginning of the project, students founded interdisciplinary teams according to their skills and personalities. They were asked to establish notional private practices. During the course of the project they had to solve different tasks, e.g. declaring missions and visions, evolving a practice profile, creating a Corporate Identity, compiling inter-disciplinary assessments, as well as evolving and complying with quality management. They were supervised by tutors throughout and ability training took place four separate times. At the end of the project, students organized open forums, showcasing their practical skills in 'Spektrum' private practices with real clients.



Suchen Sie Verbesserungen in Ihrem Leben? Haben Sie Ihren Spezialisten noch nicht gefunden? Dann arbeiten Sie mit uns zusammen!

Wir sind ein interdisziplinäres Team aus ergo- und physiotherapeutischen Spezialisten. Wir fokussieren die spezielle Fachgebiete, wo Andere scheitern. Damit gewährleisten wir nicht nur kompetente und optimierte therapeutische Leistungen, sondern garantieren Ihnen auch unsere Leidenschaft in unserem Gebiet.

	Spezialgebiete
Das bieten wir Ihnen	Ergotherapie: Neurologie, Psychiatrie Physiotherapie: Orthopädie,
Tiergestützte Therapie Entspannungstherapie	Sportverletzungen
	Tiergestützte Therapie



Conclusion

Students were able to enhance various competences, for example reflection- and communication skills. Professional competences were strengthened and several goals were achieved.



Spektrum Akademie für Physiotherapie, Berlin Spektrum Akademie für Ergotherapie, Berlin Spektrum Praxis für Lehre und Forschung, Berlin

