

TOGETHER INTO THE FUTURE WITH VISIONS –

INTERDISCIPLINARY PRACTICAL CONCEPTS FOR OCCUPATIONAL- AND PHYSIOTHERAPY STUDIES

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Introduction

How can we facilitate interdisciplinary work between physiotherapists and occupational therapists when they are still in training?

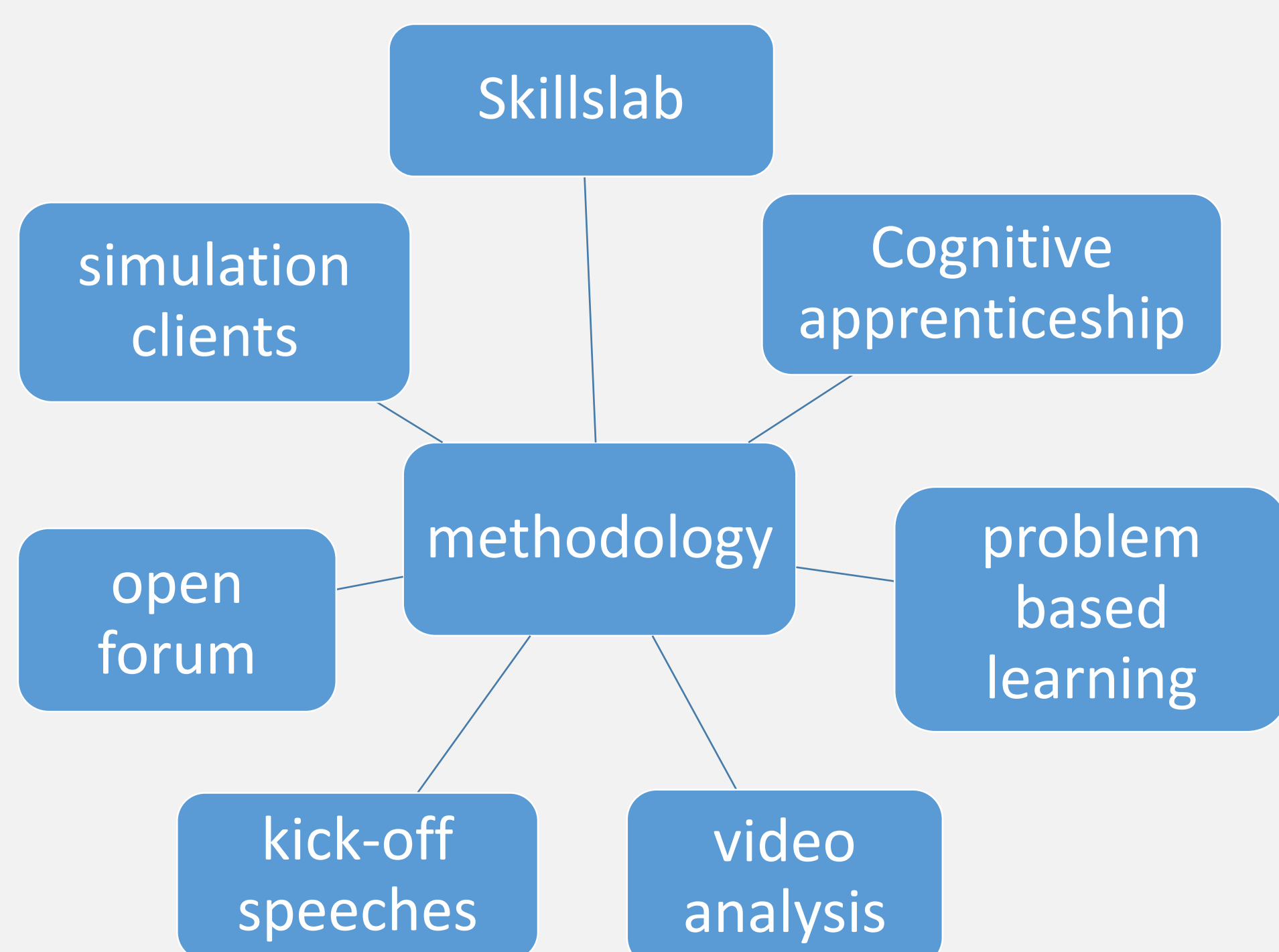
The teaching staff at ‘Spektrum Akademie’ really wanted to know! So we initiated the project ‘Private Practices Introduce Themselves’ and supported it pedagogically. It was ran from 2014-2015.

Objectives

- To highlight similarities and differences in the professional lives of physiotherapists and occupational therapists
- To discuss professional and political parameters in health professions
- To enhance evidence-based and interdisciplinary working
- To facilitate empathetic and appreciative behaviour while working together and with clients
- To promote Clinical Reasoning and reflection skills

Methods

During the project we used several methods to achieve the objectives



Parameter

Students of the 5 th semester	14 students of physiotherapy (6 male, 8 female) 10 students of occupational therapy (1 male, 9 female) Aged between 20-36 years
Teachers	5 physiotherapy teachers 3 occupational therapy teachers 1 radiology teacher 1 doctor
units	100 in total 23 kick-off speeches 28 skills labs 30 supervisions by a tutor 20 self-organized learning sessions



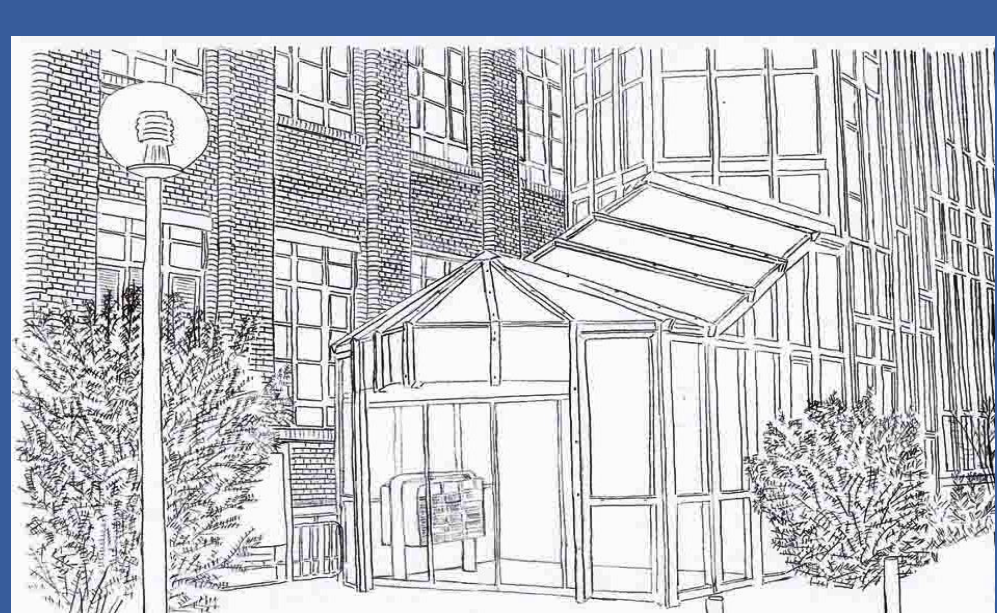
Implementation

At the beginning of the project, students founded interdisciplinary teams according to their skills and personalities. They were asked to establish notional private practices. During the course of the project they had to solve different tasks, e.g. declaring missions and visions, evolving a practice profile, creating a Corporate Identity, compiling inter-disciplinary assessments, as well as evolving and complying with quality management. They were supervised by tutors throughout and ability training took place four separate times. At the end of the project, students organized open forums, showcasing their practical skills in ‘Spektrum’ private practices with real clients.



Conclusion

Students were able to enhance various competences, for example reflection- and communication skills. Professional competences were strengthened and several goals were achieved.



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